

"Raw brown sugar cubes are a part of my morning coffee ritual." Demerara Sugar cubes through Whole Foods, (404) 324-4100.



"Sumptuous sheets and a nice glass of wine guarantee a good night's rest." Clockwise from top: 500-count Percale Egyptian cotton sheets in Bogata, Empire and Julia through Belle Chambre, (404) 816-5333. Queen sheet set from \$927; King sheet set from \$994. Other colors and embroidery styles available.